



Couple and Family Psychotherapy Association of Australasia
CAFPAA

OCTOBER 18TH – 19TH 2014

DEVELOPING A COUPLE STATE OF MIND

Mary Morgan (Tavistock Centre for Couple Relationships)
Lissy Abrahams & Julia Meyerowitz-Katz (CAFPAA)

The 'couple state of mind' is central to psychoanalytic work with couples. The couple relationship is seen as the patient and this stance informs the therapeutic approach. This includes the way in which the referral is managed, the establishment of the setting, as well as the processing and interpretation of the transference and countertransference.

The therapist considers what kind of relationship the couple are creating and what unconscious phantasies and beliefs they have about being a couple. Couples who come for therapy can usually see things from their own point of view, possibly at times from the other's point of view but are usually not able to view the relationship and see what they are creating together. By holding a couple state of mind, the therapist continually brings the relationship itself into existence and supports the establishment of a third position which can be internalised by the couple.

This capacity to occupy a third position is crucial for the development of a creative couple relationship. We will look at why this development is so difficult for some couples and why they put up enormous resistance to achieving it.

*We hope you can join us for this exciting event.
Organising Committee: Lissy Abrahams (Chair), Maria Fuentes,
George Haralambous, Laurie Lovell-Simons, and Julia Meyerowitz-Katz.*



About the Presenters

Mary Morgan is a psychoanalyst and a consultant couple psychoanalytic psychotherapist at the Tavistock Centre for Couple Relationships (TCCR) in London, where she has worked for 25 years. She is Head of the MA and Clinical Training in Couple Psychoanalytic Psychotherapy and of Long Distance Learning. Mary is a member of the International Psychoanalytic Association's Couple and Family Working Group. She has taught and developed several trainings around the world, especially in Scandinavia and the USA. Mary is author of many papers on couple relationships and has recently co-edited *How Couple Relationships Shape Our World: Clinical Practice, Research and Social Policy Perspectives*.

.....

Lissy Abrahams trained and worked as a Psychoanalytic Psychotherapist at the TCCR and runs a private practice in Sydney.

.....

Julia Meyerowitz-Katz is a Jungian Analyst and Art Psychotherapist in private practice in Sydney.

OCTOBER 18TH

8.45 - 9am	Welcome, George Haralambous
9 - 10.30am	Presentation by Mary Morgan
10.30 - 11am	Morning tea
11 - 12.15am	Affective Learning Groups
12.15 - 1.15pm	Lunch
1.15 - 2.45pm	Clinical presentation by Julia Meyerowitz-Katz
2.45 - 3.15pm	Afternoon tea
3.15 - 4.25pm	Affective Learning Groups
4.30 - 5pm	Plenary

DINNER ON THE TERRACE

From 5.30 Wine and canapés followed by a sumptuous dinner on the Terrace with Mary Morgan

Please note that the cost of dinner is not included with conference registration and needs to be booked separately

OCTOBER 19TH

8.45 - 9am	Welcome, Jenny Berg
9 - 10.30am	Presentation by Mary Morgan and Lissy Abrahams
10.30 - 11am	Morning tea
11 - 12.15am	Affective Learning Groups
12.15 - 1.15pm	Lunch
1.15 - 2.15pm	Presentation by Mary Morgan
2.15 - 2.45pm	Afternoon tea
2.45 - 3.55pm	Affective Learning Groups
4.00 - 4.30pm	Plenary/Close of Conference

Certificate of attendance will be emailed following the conference

Affective learning groups

Affective learning groups offer an opportunity for participants to integrate and deepen their understanding of the clinical and theoretical material presented at the conference. Participants will meet in small closed groups of 10 with 2 group leaders throughout the weekend. The leaders are members of CAFPAA experienced in working with small group learning. These groups are based on the premise that effective learning occurs on an affective as well as cognitive level, and that unconscious processes are at work in us as well as the couples we work with.

Affective learning groups are an integral part of the conference and it is expected that people attending the conference will attend all four small groups. Participants will receive further information about affective learning groups prior to the conference. For any inquiries about this aspect of the conference please contact Laurie Lovell-Simons at lauriels@tpg.com.au

REGISTRATION FORM

Please complete and return to:

CAFPAA PO Box 4098 | Homebush Sth | NSW | 2140

or via email to admin.cafpaa@bigpond.com

This event will be limited to 60 attendees

Name:

Contact:

Email:

Dietary Requirements:

I wish to receive information about CAFPAA events in future

PAYMENT DETAILS

General

Early Bird (prior to 1 Sept) \$545

After 1st Sept \$595

I wish to attend the Conference dinner on The Terrace at the Woolcock Institute on Saturday, 18th October.

Cost: \$75

TOTAL:

Preferred method of payment:

On-line <http://trybooking.com/EIVH> (carries a 30 cent surcharge)

EFT - Please use your **surname** as the identifier.

Bank: Commonwealth BSB: 06-2102 Acc No: 10220453

Name: Couple and Family Psychotherapy Association of Australasia

Cheque I enclose a cheque for \$ payable to **CAFPAA**.

Enquiries: Anne Malecki admin.cafpaa@bigpond.com

**DEVELOPING A COUPLE
STATE OF MIND**

**Woolcock Institute
431 Glebe Point Rd Glebe**

October 18th and 19th

General

Early Bird \$545

Full Registration \$595

CAFPAA members

Early Bird \$480

Full Registration \$545

Dinner on the terrace \$75

Cancellation Policy: Refunds (less a \$50 admin fee) will be given for cancellations received prior to Friday, 10th October. No refunds will be given after this date.