



AAGP
*Australian Association
of Group Psychotherapists*

*the group can achieve
more than the sum
of its parts*

The AAGP invites you to participate in
SYDNEY LARGE GROUP 2019

In a Large Group there is an opportunity to be in an as-if society with all its factions: strangers, friends, foes, feelings and the wilder elements of society that come to life in the process. This becomes the work of the group: to see and make sense of how we are in society and know ourselves accordingly. A Large Group offers a space to play with different ways of engaging, either consciously or unconsciously, in an environment that may feel as edgy as our streets, politics, extended families, workplaces or crowds but contrarily safer too.

Large Group is an invitation to peel at the wallpaper of society and be with what's beneath. It is an opportunity to dream on how society could be.

For most, there is an expansion of the capacity to think despite the strong emotions evoked and to find helpful ways to voice one's thoughts. In a global society that can sometimes feel chaotic or just too much to encompass, the Large Group grows awareness and those who participate often return to their lives discovering more capacity to respond to the world.

Who For?

The Large Group is open to all who are interested in exploring and articulating the harder-to-hear background sounds, voices, movements and emerging themes of our lives. It is open to those who are would like to be with and think with others and who wish to recognise and engage with the social and political, conscious and unconscious forces within themselves and others as they happen and to find ways of applying what they learn to their everyday lives, relationships, communities and society.

The Large Group will be conducted by Teresa von Sommaruga Howard.

Teresa has many cultural influences in her personal and professional background. Born in England of a German refugee father and British mother, she immigrated to New Zealand as a child. She is a registered architect, systemic family therapist and has developed expertise conducting median and large groups.

Teresa has applied these three disciplines: architecture, systemic practice, and group analysis in larger settings in various contexts around the world. Increasingly Teresa has focussed on the way unrecognised trauma resulting from socio-political upheaval transmitted through generations, reveals itself in the large group. She has written extensively about her work with large groups and co-authored *Design through Dialogue: A Guide for Clients and Architects* (Wiley, 2010). She is an honorary member of the Institute of Group Analysis (London)

Please note that learning from this event will be experiential.
Participants will be expected to commit to attend the whole event.



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PROGRAM DETAILS for AAGP LARGE GROUP EVENT 2019

<u>WHEN</u>	<p>Please note registration assumes attendance at whole Event</p> <p><u>Friday June 21</u> 18.30 - 19.30 Registration, Supper, Introduction. 19.30 - 21.00 Large Group Session 1</p> <p><u>Saturday June 22</u> 09.00 - 10.30 Large Group Session 2 11.00 - 12.30 Large Group Session 3 13.30 - 15.00 Large Group Session 4 15.30 - 17.00 Large Group Session 5</p> <p><u>Sunday June 23</u> 09.00 - 10.30 Large Group Session 6 11.00 - 12.30 Large Group Session 7</p>
<u>WHERE</u>	<p><u>The Wattle Room, North Sydney Community Centre</u> 200 Miller St, North Sydney (behind the Council Chambers). https://www.northsydneycentre.com.au/</p>
<u>DIRECTIONS</u>	<p><u>Public Transport recommended.</u> Use Tripview App (free) and find <u>Trains</u> to North Sydney and walk up Miller St &/or <u>Buses</u> through North Sydney up Miller St or Pacific Hwy to McLaren St. <u>Parking:</u> Via Kelrose Lane (off McLaren St); metered parking on Miller & McLaren Sts.</p>
<u>ACCOMMODATION</u>	<p>Mention "AAGP" on booking either: <u>McLaren Hotel</u> (opp venue). Negotiated rate \$150 or \$160. 02 9965 9500 https://mclarenhotel.com.au/ (limited rooms) <u>Rydges McLaren St North Sydney</u>. \$189. 02 9922 1311 https://www.rydges.com/accommodation/sydney-nsw/north-sydney/</p>
<u>COST</u>	<p><u>\$350.00</u> <u>\$300 Early Bird before May 31, 2019;</u> AAGP Members and Associates <u>All Registrations before Friday June 15, 2019</u> [GST free; includes Fri supper, Sat lunch and refreshments, Sun refreshments]</p>
<u>To REGISTER</u>	<p><u>NUMBERS LIMITED TO 60 PARTICIPANTS</u> Registration assumes attendance at whole event By Cheque: send with name/contact details to: <u>AAGP, PO Box 4275, Castlecrag, NSW 2068</u> OR By E-Transfer: to <u>AAGP, BSB 633-000, Ac 165278367</u> Use Code: "(Surname) LG2019" and confirm to angle46@bigpond.com Receipts and CPD Certificates will be available Friday evening.</p>
<u>ENQUIRIES</u>	<p>Antony Gleeson: angle46@bigpond.com</p>
<u>WEBSITE</u>	<p>www.groupanalysis.com.au</p>