



AAGP
*Australian Association
of Group Psychotherapists*

*the group can achieve
more than the sum
of its parts*

**AAGP invites you to the 2019 Sydney OPEN day
Saturday 23 March 2019**

**Women in Groups:
Exploring the Unconscious Group Dynamics Between Genders**

Originating from thinking about 'women in groups', this year's AAGP open day meeting will explore: the gendered experience in society.

The overarching idea/structure is that there is a co-created experience that grew out of the working group of women who will facilitate the day. Through that process, a particular female experience will be invited into the room, one that is often not able to come forward as it is filtered through language, culture and other pre-existing codes of being.

It is for this reason that we kept the workgroup as women and the day facilitated by women but welcome everyone's experience into the discussion on the day via an experiential learning framework. We will demonstrate, using group psychotherapy processes how we can better work together as individuals to find genuine equality between the binary sexes (and beyond). By exploring the role of gender in groups we hope to come to a deeper understanding of our mutual humanity.

A number of experiential processes will be used to showcase various forms of group psychotherapy to offer a taste of each modality.

The day will be in two parts: a sociodrama process in the morning with all participants involved. In the afternoon there will be an all male group with women as observers and an all female group with males as observers followed by discussion.

Whether or not you identify with a binary gender, all our mothers, at the time of our birth, were women. So, we invite you to help us make this space and conversation. We hope it will be a most nourishing and challenging experience.

The Primary Task is: ***What is the lived experience of being a woman in society?***

The female Group Psychotherapists facilitating this day are:

Joy Stewart, Group Psychotherapist in a Sociodrama Framework

Jude Reggett, Group Psychotherapist & Leadership Consultant

Lorraine Rose, Socio Analyst & Group Psychotherapist

Vera Auerbach, Group Analytic Group Psychotherapist

Andrea Bloom, Art Therapist



AAGP
*Australian Association
of Group Psychotherapists*

*the group can achieve
more than the sum
of its parts*

PROGRAM DETAILS for AAGP OPEN DAY SATURDAY MARCH 23 2019

<u>SCHEDULE:</u>	<p>08.30 Registration 08.50 Welcome</p> <p>9.00-10.30 Sociodrama based work to map the dynamics around women in groups (90min) - Joy and Jude</p> <p>10.30-11.00 Morning tea (30 min)</p> <p>11.00-12.00 Discussion to follow the drama work (60 min) – Joy and Jude</p> <p>12.00-13.00 Lunch (60 min)</p> <p>13.00-15.30 Broad Unconscious perspectives - primitive dynamics that underpin societies' relationship to women via a double circle - Lorraine and Vera 13.00 -13.30 Women Inner Circle reflections - men observational outer circle 13.30- 14.00 Process experience</p> <p>14.00-14.30 Afternoon tea</p> <p> 14.30 –15.00 Men Inner Circle reflections - women observational outer circle 15.00 - 15.30 Process experience</p> <p>15.30 -16.00 Reflective - Summary group</p>
<u>WHERE</u>	<p><u>The Wattle Room, North Sydney Community Centre</u> 220 Miller St, North Sydney (behind the Council Chambers). https://www.northsydneycentre.com.au Public Transport recommended. Parking via Kelrose Lane (off McLaren St)</p>
<u>COST & REGISTRATION</u>	<p>\$100. Earlybird (before March 15), Members & Associates \$90 <u>All Registrations before Friday March 20, 2018</u> [GST free; includes lunch and refreshments] By Cheque: send with name/contact details to: AAGP, PO Box 4275, Castlecrag, NSW 2068 OR By E-Transfer: to AAGP, BSB 063-165, Ac 01013 6603 Use Code: "(Surname) Syd2019" and confirm to angle46@bigpond.com Receipts and CPD Certificates will be available on the day.</p>
<u>ENQUIRIES</u>	Antony Gleeson: angle46@bigpond.com
<u>WEBSITE</u>	www.groupanalysis.com.au